

ANDALUCIAN YOGA RETREAT WITH VICKY

at

Valle de Vida Holistic Health Retreat

Pizarra

Malaga

Spain

Wednesday 5th – Wednesday 12th July 2017

Set in a secluded valley in the heart of the Andalucian Mountains.

“A true retreat “

The cost of this yoga retreat will be £585

This includes: Full board shared accommodation (either in the traditional Andalucian Finca or one of 7 luxurious Teepees, Pods or Dome) with 3 healthy meals per day, water, tea and coffee, and daily yoga classes with Vicky on the wooden hilltop yoga platform.

Daily Smoothies and Juices are available on request.

Enjoy full use of the heated swimming pool, hydrotherapy pool and steam room.

Single room supplements will apply for the 7 night stay,

Flights and transfers are not included in this price.

(Arrivals are advised for around 11am or 4pm on the 5th. and a midday flight departure time on the 12th. to avoid extra transfer expenses).

A wide range of therapies are available on request, these are extra and best booked in advance through myself or direct.

Horse riding, Archery, Walks and Mountain biking can also be organised, as well as day trips to Malaga to see the markets, Picassos Museum and house, the old town of Malaga, tapas bars, beach and -more. .

Day outings to The Ardales Lakes can also be arranged with lunch or picnic.

All the above have to be booked in advance to guarantee availability.

A non-refundable deposit of £100 will secure your place

Balance due by 5th April 2017

Please contact Vicky on 07761977537 or e-mail Vicky@yogabelleza.com for further information and booking form.

For further details of the location visit <http://www.valledevida.com/> or see their leaflet available.